NGAN

LOSED

Our office will be closed on July 5th in observance of the holiday weekend. Please be safe and drink plenty of water and use sunscreen.



Today's

HOME CARE

At Visiting Angels you'll receive a personalized care plan based around your loved one's needs. Before you begin, we understand that you may be overwhelmed with questions about how our home care services work. We provide a FREE consultation in your home to answer all of your questions.

BLANCHE'S DAY

One of our beloved clients is turning 103 years old on July 15th,2021.

Blanche, it is a pleasure to share time with you. You have experienced so much in your life and we have learned so many valuable things that we can share with future generations. Thank you Blanche for being YOU



BLANCHE

103 vears









We are hiring for all shifts Competitive wages Voted Best in Employer by Home Care Pulse Please send resume to dshiplet@visitingangels.com



We are planning a picnic or get together for our caregivers coming soon. Please check your email occasionally. We will send an invite, when we finalize a date. Thank you for all you do each day!

REUNION SHOW

Nave Ritterling, Vice President of Global Operations and past owner of Visiting Angels Pueblo joined Brian Arant, our current owner of Visiting Angels, on the Senior Living Today radio show. The Senior Living Today Show is the longest running senior radio show in America. The show is hosted and sponsored by Visiting Angels Pueblo. The show is about seniors, for seniors and those who love them.



America's choice in home care

2628 N ELIZABETH STREET, PUEBLO, CO 81003

(719) 543-4220



KEEPING HYDRATED IN THE S



TIPS FOR STAYING HYDRATE

- 1. Don't wait till you're thirsty to drink. By the time you feel thirsty, you're already slightly dehydrated.
- 1. Flavor your water, you may drink more
- 2. Eat water-rich fruits and vegetables.
- 3. Stay inside when it gets too hot.
- 4. Dress for the weather and wear a hat





Brianna July 11th **Beatrice July 11th** Jamie July 19th

Caregiver Training

Training is provided to all of our staff here at Visiting Angels. There are many benefits you gain from completing those training sessions.

Continuing with your education can help you to obtain the required skills and knowledge you need to serve our clients. Each training session is paid for by our Visiting Angels' Pueblo office. Do you realize they are mandatory for employment with our agency. Our office wants to meet requirements, but we also want to have the MOST skilled home agency workforce to ensure our

If you are behind on training SEE Deania immediately. Otherwise, you will have to pick up your check and finish trainings in the office before you can collect your check

clients have the BEST of care.





#ONEACCESSIBILITY





Disability Pride Month is quite a new commemoration to celebrate persons with disabilities. The month of July was chosen because it aligns with the month Americans with Disabilities Act was passed into law in the United States of America.

Disability Pride is defined as "accepting and honoring each person's uniqueness and seeing it as a natural and beautiful part of human diversity"

BEST FOODS FOR PICNICS

Potato Salad Fried Chicken Watermelon

Pasta Salad

Pinwheel Sandwiches Bread, Cheese and Cold Cuts





Make sure to keep food chilled if refrigeration is needed. For bowls, you can add a couple cubes to a larger bowl and place your smaller serving bowl inside. For plates and platters, add ice to a clean plastic or metal tub and place your dish on top. This will keep everything super cold, and won't take up too much additional space on your table. Keep items covered to prevent flies and dirt getting

July 23rd

Corgeous WOMAN WHOSE CHILDREN HAVE Grandma GORGEOUS & GLAMOROUS TO Day BE CALLED GRANDMA.

gorgeous grandmas out there. Please go and hug your gorgeous grandma today

FAMILY MOMENTS

seniors would love to see and great-grandchildren. family. It may be the last time



listen to their stories and



2628 N Elizabeth St, Pueblo, Co 81003 (719) 543-4220

ing Angels.